



## **CholestAid Capsules**

For Cholesterol Control

### **Direction for use:**

2 Capsules 2 times a day for 3 months or as directed by the physician.

### **Storage condition:**

To be stored at room temperature in a cool and dry place, keep away from direct sunlight.

### **Precaution:**

Tighten the container after use.

Keep out of reach of children.

Do not use if seal is broken.

Consult your physician/healthcare professional if you are pregnant or a nursing mother.

### **Note:**

As per international safety standards, this product is tested for heavy metals, steroids and pesticides.  
No Preservatives added.

### **Tips to control cholesterol:**

- Stop smoking & Lose excess weight.
- Eat heart-healthy foods, including foods rich in soluble fiber and omega-3 fatty acids.
- Limit your consumption of foods high in saturated fats. ...
- Eliminate trans fats from your diet & take steps to reduce stress.

**If you have any queries kindly talk to our expert on 1800 313 3132.**